

3 Bears and Some Redwoods - Humane

Distance: 48.4 miles Climb: 4,005 feet

Start: Lake Merritt, Children's Fairyland Parking Lot

Dir	Street/Road	At	Go	Comments
S	Bellevue toward Grand Avenue	0.0	0.1	
L	Grand Avenue	0.1	0.1	
R	Bay Place	0.2	0.1	
C	27th Street	0.3	0.2	
R	Broadway	0.5	0.1	
L	29th Street	0.6	0.1	
R	Webster Street	0.7	1.2	
R	48th Street	1.9	0.1	
L	Shafter Avenue	2.0	0.8	
C	Keith Avenue	2.8	0.4	At College Avenue
L	Broadway	3.2	1.4	Climb
L	Freeway Overpass	4.6	0.1	
L	Caldecott Lane	4.7	0.2	
R	Tunnel Road	4.9	1.7	
C	Skyline Boulevard	6.6	1.5	
RG	Intersection with Grizzly Peak	8.1	0.0	Bathroom/water straight 400 feet
L	Grizzly Peak Boulevard	8.1	3.6	
RG	Steam Trains	11.7	0.0	Bathrooms and water
C	Grizzly Peak Boulevard	11.7	1.8	
R	Golf Course Road	13.5	1.0	
R	Shasta Road	14.5	0.3	
R	Wildcat Canyon Road	14.8	3.9	
C	Bear Creek Road	18.7	8.4	Cross San Pablo Dam Road
L	Alhambra Valley Road	27.1	2.7	
L	Castro Ranch Road	29.8	2.3	
R	San Pablo Dam Road	32.1	0.8	
RG	Gas Station at Valley View Road	32.9	0.0	
C	San Pablo Dam Road	32.9	1.8	
L	Hillcrest Road	34.7	1.2	Climb. Avoids left turn at Amador.
R	Alpine Road	35.9	0.2	
L	Amador St.	36.1	1.0	
R	Clinton Avenue	37.1	0.3	
L	Key Boulevard	37.4	0.6	
R	Ohlone Greenway	38.0	0.3	Just before hill
L	Knott Avenue	38.3	0.0	
R	Key Boulevard	38.3	0.3	
R	Elm Street	38.6	0.1	
C	Richmond Street	38.7	0.9	
L	Moeser Lane	39.6	0.1	
R	Ashbury Avenue	39.7	1.2	
C	Key Route Boulevard	40.9	0.4	

L=left R=right C=continue BL=bear left BR=bear right RG=regroup X=cross

