

Palomares - Advanced Intermediate/Advanced

Distance: 71.4 miles Climb: 4367 feet

Start: Lake Merritt, Children's Fairyland Parking Lot

Dir	Street/Road	At	Go	Comments
S	Bellevue Avenue	0.0	0.6	
R	Grand Avenue	0.6	0.2	
R	El Embarcadero	0.8	0.1	
R	Lakeshore Avenue	0.9	0.8	
L	E 15th St	1.7	0.3	
R	5th Ave	2.0	0.6	Go under freeway
L	Embarcadero	2.6	1.8	
C	E 7th St	4.4	0.2	
C	Path	4.6	0.4	Continue straight on E. 7th
R	Fruitvale Ave	5.0	0.2	Cross bridge to Alameda
C	Tilden Way	5.2	0.2	
L	Fernside Blvd	5.4	1.5	
L	Cross Fernside to Bike Path	6.9	0.0	
R	Follow Bike Path to Bicycle Bridge	6.9	0.3	Cross bridge to Bay Farm Island
L	Left after Bridge	7.2	0.7	Continue on path
C	Harbor Bay Parkway	7.9	1.3	Cross Doolittle Drive
L	Ron Cowan Parkway	9.2	1.5	
C	Crosswalk to Bike/Ped path	10.7	0.2	Goes thru underpass, then bears left
R	Bike Path	10.9	0.4	Sharp right, easy to miss
X	Bike Ped Bridge	11.3	0.1	
R	Bike Path	11.4	1.5	Oyster Bay Regional Shoreline
R	Neptune Drive	12.9	0.7	
R	Monarch Bay Drive	13.6	0.4	at Marina Boulevard
L	Fairway Drive	14.0	0.6	
R	Doolittle Drive	14.6	0.4	
L	Farallon Dr	15.0	0.6	
R	Wicks Blvd	15.6	0.2	
L	Manor Blvd	15.8	0.6	
L	Farnsworth St	16.4	1.1	
C	Halcyon Dr	17.5	0.6	
L	Hesperian Boulevard	18.1	0.3	
R	150th Avenue	18.4	0.0	
RS	76 Station	18.4	0.0	Across 14th St./Int'l Blvd.
C	150th Avenue	18.4	0.4	
R	Foothill Boulevard	18.8	0.1	
L	Fairmount Avenue	18.9	1.7	Climb
C	Lake Chabot Road	20.6	1.4	Enters from right, continue down

L=left R=right C=continue BL=bear left BR=bear right RG=regroup X=cross

Dir	Street/Road	At	Go	Comments
L	Somerset Avenue	22.0	0.8	
L	Redwood Road	22.8	0.2	
R	Heyer Avenue	23.0	0.8	
R	Center St.	23.8	0.7	
L	E. Castro Valley Boulevard	24.5	2.1	
R	Palo Verde Road	26.6	0.4	
R	Palomares Road	27.0	14.6	To road closure, "U", return
R	Palo Verde Road	41.6	0.4	
R	Dublin Canyon Road	42.0	5.2	
L	Foothill Road	47.2	2.0	
C	San Ramon Valley Blvd.	49.2	7.4	
L	Iron Horse Regional Trail	56.6	0.1	Use crosswalk
RS	Peets	56.7	0.0	
C	Iron Horse Regional Trail	56.7	0.3	
R	Prospect Avenue	57.0	0.0	
L	Railroad Avenue	57.0	0.3	
L	Hartz Avenue	57.3	0.1	
C	Danville Boulevard	57.4	4.8	
L	Castle Hill Road	62.2	0.2	
R	Lancaster Road	62.4	0.7	
L	Lilac Drive	63.1	0.3	
L	Newell Avenue	63.4	0.4	Go right for Walnut Creek BART
L	Olympic Boulevard	63.8	1.6	
C	Lafayette Moraga Regional Trail	65.4	0.8	
R	Foye Drive	66.2	0.0	
L	Moraga Boulevard	66.2	0.1	
R	Second Street	66.3	0.1	
L	Golden Gate Way	66.4	0.2	
L	Cut through parking lot	66.6	0.1	after Park Theater
R	Moraga Road	66.7	0.0	
L	Mt. Diablo Boulevard	66.7	0.2	
X	Lafayette Circle - BART bailout	66.9	0.0	Right into lot, then follow brick path
C	Mt. Diablo Boulevard	66.9	1.9	
L	Acalanes Road	68.8	0.2	
R	Hidden Valley Road	69.0	1.0	
L	Frontage Road at Highway 24	70.0	0.2	
C	St. Stephens Bike/Ped Trail	70.2	1.0	
R	Davis Road	71.2	0.0	
C	Bryant Way	71.2	0.1	
C	Bryant Way	71.3	0.0	at traffic circle
C	Pedestrian Path	71.3	0.1	At end of street
F	Orinda BART	71.4		

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