Oakland Yellowjackets BICYCLE CLUB

Mt. Diablo - Humane

Distance: 30.8 miles Climb: 2404 feet

Start: Lafayette BART Station

Dir	Street/Road	At	Go	Comments
S	Exit Station to South Parking Lot	0.0	0.0	Take ramp or stairs
L	Across Parking Lot	0.0	0.0	Trail is at east end of lot
R	Ped/Bike Trail	0.0	0.2	
L	Mt. Diablo Boulevard	0.2	0.2	
R	Golden Gate Way	0.4	0.3	Just after light at Moraga Way
R	Second Street	0.7	0.1	
L	Moraga Boulevard	0.8	0.1	
R	Foye Drive	0.9	0.0	
L	Lafayette/Moraga Regional Trail	0.9	0.8	
C	Olympic Boulevard	1.7	1.2	
R	Tice Valley Boulevard	2.9	1.9	
R	Crest Avenue	4.8	0.5	
C	Hillgrade Avenue	5.3	0.3	Hillgrade bends to left here
R	Danville Boulevard	5.6	1.5	Good for pacelining
L	Stone Valley Boulevard	7.1	3.0	Optional stop at Shell station on corner
R	Green Valley Road	10.1	0.8	
L	Diablo Road	10.9	1.5	
C	Blackhawk Road	12.4	0.0	
L	Mt. Diablo Scenic Boulevard	12.4	1.1	
C	South Gate Road	13.5	5.8	Water just after pay kiosk 2.7 miles in
RS	Ranger Station	19.3	0.0	Bathrooms, water, summit option
C	North Gate Road	19.3	6.5	
RG	North Gate Entrance Kiosk	25.8	0.0	Under oak tree just past kiosk
C	North Gate Road	25.8	1.4	
R	Oak Grove Road	27.2	0.0	
L	Walnut Avenue	27.2	1.6	Go around traffic circle
C	Bancroft Road	28.8	0.6	At Ygnacio Valley Road
L	Contra Costa Canal Trail	29.4	0.9	Signalized bike/ped crossing
R	Iron Horse Trail	30.3	0.2	
C	Bike/Ped Bridge	30.5	0.2	Crosses Treat Blvd.
L	Toward BART Station	30.7	0.1	
F	Pleasant Hill BART	30.8		
June 2016				

L=left R=right C=continue BL=bear left BR=bear right RG=regroup X=cross