

Kick off ride - Alameda – Lite/Humane/Intermediate/Advanced

Distance: 20.1 miles Climb: 122 feet
 Start: Lake Merritt, Children's Fairyland parking lot

Dir	Street/Road	At	Go	Comments
E	Bellevue	0.0	0.6	
R	Grand Ave	0.6	0.1	
R	El Embarcadero	0.7	0.1	
R	Lakeshore	0.8	0.8	
L	E 15 th St	1.6	0.2	
R	5 th Ave	1.8	0.6	
L	Embarcadero	2.4	1.6	
C	E 7th St	4.0	0.3	7th Street ends at overpass, take bike path and get back onto 7th on the other side.
C	E 7th St	4.3	0.3	
R	Fruitvale	4.6	0.5	
C	Tilden Way	5.1	0.2	after crossing bridge
L	Fernside	5.3	1.3	
L	Bikeway	6.6	0.2	cross street at Washington and ride on sidewalk past yacht club to bridge
L	Bikepath at end of bridge	6.8	0.8	
X	Doolittle onto Harbor Bay Parkway	7.6	1.2	
BR	Harbor Bay Parkway	8.8	1.3	At 2nd traffic light and intersection of Ron Cowen Parkway
U	Rest Stop	10.1		u-turn, rest rooms on left side of the street
C	Harbor Bay Parkway	10.1	1.3	
L	Harbor Bay Parkway	11.4	1.2	at traffic light and intersection of Ron Cowen Parkway
X	Doolittle onto Bike path	12.6	0.8	
R	Bike bridge	13.4	0.2	
C	Fernside	13.6	1.3	
R	Tilden Way	14.9	0.2	
C	Fruitvale	15.1	0.5	at bridge crossing
L	E 7 th St	15.6	0.3	7th Street ends at overpass, take bike path and get back onto 7th on the other side.
C	E 7 th St	15.9	0.3	
C	Embarcadero	16.2	1.6	stop sign @1.5 miles, oncoming traffic does not stop
R	5th Ave	17.8	0.3	cross under freeway
L	E 10 th St	18.1	0.6	
R	Oak	18.7	0.2	
C	Lakeside Dr	18.9	0.6	
C	Harrison	19.5	0.3	
R	Grand Ave	19.8	0.1	
R	Bellevue	19.9	0.2	
F	Fairyland parking lot	20.1		

R=right L=left C=continue/name change BR=bear right RG=regroup E= East S=south
 F=finish X=cross U=u-turn