

Crockett Loop - Humane

Distance: 78.5 miles Climb: 3600 feet

Start: Lake Merritt Fairyland Parking Lot

Dir	Street/Road	At	Go	Comments
N	Bellevue Ave	0.0	0.1	
L	Grand Ave	0.1	0.1	
R	Bay Pl	0.2	0.3	
BL	27th St	0.5	0.3	
R	Telegraph Ave	0.8	0.1	
L	29th St	0.9	0.2	
R	Martin Luther King Jr Way	1.1	1.0	
L	45th St	2.1	0.3	
R	Market St	2.4	1.0	
C	Sacramento St	3.4	2.3	at Berkeley City Limit
L	Hopkins St	5.7	0.1	
R	Gilman St	5.8	0.4	
L	Masonic Avenue	6.2	0.8	
R	Washington Avenue	7.0	0.1	
L	Key Route Blvd	7.1	0.3	
C	Ashbury Ave	7.4	1.3	at El Cerrito City Limit
L	Moeser Ln	8.7	0.1	
R	Richmond St	8.8	0.9	
C	Elm St	9.7	0.2	
BL	Key Blvd	9.9	1.2	
R	McLaughlin St	11.1	0.1	
BR	Clinton Ave	11.2	0.2	
L	Amador St	11.4	1.1	
BR	San Pablo Dam Rd	12.5	1.4	
RG	Jack in the Box @ Appian Way	13.9	0.0	bathroom and water (and Jumbo Jacks)
L	Appian Way	13.9	1.1	
BL	Appian Way	15.0	0.9	
BL	Appian Way	15.9	1.1	
R	San Pablo Ave	17.0	2.7	
L	Willow Ave	19.7	0.1	
C	Parker Ave	19.8	0.7	
C	San Pablo Ave	20.5	2.9	
C	Pomona	23.4	1.3	
C	Carquinez Scenic Drive	24.7	7.0	
R	Talbart St	31.7	0.2	
L	Escobar St	31.9	0.1	
R	Berrellessa St	32.0	0.8	
C	Alhambra Ave	32.8	4.4	
RS	Pleasant Hill Safeway	37.2	0.0	
C	Pleasant Hill Road	37.2	1.9	
L	Oak Park Blvd.	39.1	1.3	
C	Coggins Drive	40.4	0.2	cross I-680
L	Iron Horse Trail	40.6	3.0	On left where Coggins curves right
X	S Broadway	43.6	1.2	at Newell, continue on Iron Horse trail
L	Danville Blvd	44.8	4.6	At Rudgear Road cross under I-680
BR	Railroad Avenue	49.4	0.5	
RS	Danville Peets	49.9	0.0	Leave via Iron Horse Tr across pkg lot
R	San Ramon Valley Blvd.	49.9	3.7	

R	Norris Canyon	53.6	4.6	
L	Crow Canyon	58.2	3.5	
R	E. Castro Valley Blvd	61.7	0.7	
L	Norbridge Ave	62.4	1.2	Castro Valley BART option
C	Stanton Avenue	63.6	0.1	
L	Castro Valley Blvd	63.7	0.0	
R	Foothill Blvd	63.7	2.4	
L	150th Avenue	66.1	0.4	cross I-580
RS	76 Gas Station	66.5	0.0	
R	East 14th Street	66.5	0.0	
R	Bancroft Avenue	66.5	6.8	
BR	Bond	73.3	0.1	
R	48th Avenue	73.4	0.0	
L	Foothill Blvd	73.4	3.4	
L	Lakeshore Avenue	76.8	0.6	around the Lake
R	Lakeside Drive	77.4	0.5	
C	Harrison	77.9	0.2	
R	Grand Ave	78.1	0.2	
R	Bellevue	78.3	0.1	
F	Fairyland Lot	78.4		