

## Arlington Loop - Humane/Advanced Intermediate/Advanced

Distance: 41.1 miles      Climb: 2,938 feet  
Start: Lake Merritt, Children's Fairyland Parking Lot

Dir	Street/Road	At	Go	Comments
S	Children's Fairyland Parking Lot	0.0	0.1	
N	Bellevue	0.1	0.1	Out the entrance
L	Grand Ave	0.2	0.0	
R	Bay Pl	0.2	0.2	
C	27 <sup>th</sup> St	0.4	0.4	
R	Telegraph	0.8	0.1	
L	29 <sup>th</sup> St	0.9	0.2	
R	Martin Luther King Jr. Way	1.1	1.0	
L	45 <sup>th</sup> St	2.1	0.3	
R	Market St.	2.4	1.1	
C	Sacramento Avenue	3.5	2.3	at Berkeley City Limit
R	Hopkins Street	5.8	0.1	
L	Monterey Avenue	5.9	0.7	Begin climb
C	Marin Avenue	6.6	0.2	
L	Arlington Avenue	6.8	3.1	Go around the traffic circle
RG	Dylans Way	9.9	0.0	At summit
C	Arlington Avenue	9.9	2.8	Steep descent on residential streets
L	McBryde Avenue	12.7	0.1	
R	Marin Avenue	12.8	0.2	
C	Riverside Avenue	13.0	0.1	Cross wooden bridge
R	Yuba Avenue	13.1	0.1	Don't miss it! Climb
R	Alpine Road	13.2	0.1	
L	Hillcrest Road	13.3	1.3	
R	San Pablo Dam Road	14.6	1.8	
RS	Gas Station Mini Mart	16.4	0.0	At San Pablo Dam Road & Valley View
C	San Pablo Dam Road	16.4	6.2	
C	Camino Pablo	22.6	2.4	
C	Moraga Way	25.0	4.0	
R	St. Andrews Drive	29.0	0.1	
L	Country Club Drive	29.1	0.4	
R	Canyon Road	29.5	1.8	
R	Pinehurst Road	31.3	3.9	
RG	Skyline Boulevard	35.2	0.0	Cross Skyline to descend
C	Shepherd Canyon Road	35.2	1.8	
C	Snake Road	37.0	0.2	Stop at intersection
L	Mountain Boulevard	37.2	0.2	
R	Park Boulevard	37.4	0.8	
R	Trestle Glen Road	38.2	1.9	
L	Lakeshore Drive	40.1	0.4	
R	El Embarcadero	40.5	0	
L	Grand Avenue	40.5	0.6	
L	Bellevue Avenue	41.1	0.1	Into Fairyland Parking Lot
F	Fairyland Parking Lot	41.2		

L=left R=right C=continue BL=bear left BR=bear right RG=regroup X=cross U=U-turn